

Earmuff Fitting Instructions

Keys to Successful Hearing Protection with Earmuffs

EXAMPLES OF EACH STYLE SHOWN FOR REFERENCE

Headband	Folding	Multiple Position	Cap-Mounted	Neckband
Thunder® T3 	Leightning® L0F 	Viking® V3 	Thunder® T2H 	Leightning® L1N 
<p>1</p>  <p>Place earmuffs over each ear.</p> <p>2</p>  <p>Adjust the headband by sliding the headband up or down.</p>	<p>1</p>    <p>Fold out the earmuffs as shown.</p> <p>2</p>  <p>Place earmuffs over each ear.</p> <p>3</p>  <p>Adjust the headband by sliding the headband up or down.</p>	<p>1</p>  <p>Place the earmuffs over each ear.</p> <p>2</p>  <p>Adjust the headband by sliding the headband up and down.</p> <p>3</p>  <p>Multiple-position earmuffs can be worn over-the-head, behind-the-head or under-the-chin.</p> <p>4</p>  <p>When the earmuff is worn with the headband behind-the-head or under-the-chin, the headband strap must be attached to the slot in the upper part of the earmuff as shown.</p>	<p>1</p>  <p>Attach adapters to each side of the hard hat by sliding them into the slots.</p> <p>2</p>  <p>Attach each earmuff into its adapter by sliding the earmuff housing down into the adapter.</p> <p>3</p>  <p>Ensure a proper fit by firmly pushing down on the earmuff until you hear it click into place.</p> <p>4</p>  <p>Ensure that the earmuff is firmly fastened by lifting the arm attachment up and down.</p> <p>Important Note: To remove the hardhat with attached earmuffs, make sure to firmly pull earmuff from ear until you hear a click sound. Do not pull hard hat off while earmuffs are clicked into place as this can result in injury.</p>	<p>1</p>    <p>Adjust the length of the headband strap between the earmuffs so the earmuff fits well on top of the head.</p> <p>2</p>  <p>Place earmuffs over each ear.</p>

WEAR

- Read and follow all earmuff fitting instructions
- Move hair from underneath ear cushions

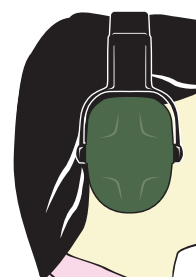
SELECTION

- Avoid overprotection in minimal noise environments – in selecting the best earmuff for your situation, consider noise levels and your need to communicate with co-workers or hear warning signals on the job

MAINTENANCE

- Regularly inspect earmuffs and ear cushions for cracks and leaks – discard if earmuffs are visibly damaged or compromised
- Clean earmuffs and ear cushions regularly with mild soap and water. Do not dip in water, and do not treat with other substances.
- Replace ear cushions and foam inserts every 6-8 months under normal wear, every 3-4 months with heavy use or in humid/extreme climates. Hygiene kits are available for all earmuffs.

DO's and DON'Ts of Howard Leight Earmuffs



Firm Seal
Do seal the cushions firmly against the head.



Avoid Obstructions
Do not allow hair to obstruct the ear or the earmuff's secure fit in any way.



Cover Ear Completely
The position of the earmuffs should never be crooked or askew over the ear.